**INGOMAR AFTER SCHOOL GAMES**

**Fitness is FUNdamental**

**WHEN: \*\*4 Week Program\*\*** **Tuesday’s**

October 1st, 8th, 15th and 22nd

Due to equipment, space, instruction and safety this program is open to the 1st 35 students to sign-up.

**WHO:** BOYS AND GIRLS IN **GRADES K, 1st and 2nd.**

**WHERE:** INGOMAR GYMNASIUM (pick-up – Front Lobby)

**TIME:** 3:30 – 4:30p.m.

**WHAT:** Students will participate in some of their favorite movement activities which may include Tag,Cooperative Challenges, Climbing, Powerball, Sharks and Minnows, Flag games, Coconuts, Scooters and much more.

* Develop cardiorespiratory fitness while enjoying activity and having fun with school friends.



**INSTRUCTORS:** Mr. Boronyak and ?

**COST:** $30

Registration is online through the PTO online registration system.

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